# Appendix 1.4 – Label Text

Note: Text to be included in label is Blue in colour

The black text is not to be included (they are instructions)

The label must include the following text:

Breathe Easy

Traditional medicine

With Pasque Flower, Thyme and Common Nettle

100ml

To help cure diseases related to polluted air

Self Created — combining scientific research with history

放轻松

传统药物

与Pasque花，百里香和共同的荨麻

100毫升

帮助治疗与污染空气有关的疾病

自创 - 将科学研究与历史相结合

Refer to box for instructions and ingredients

有关说明和成分，请参阅框